



INSIDEOUT

Center for Positive Prevention Alternatives, Inc.
A Non-Profit Corporation

Serving the Stockton/San Joaquin County Community Since 1969

Making a difference

The youth who come to CPPA's Safe House emergency shelter and Opportunity House transitional living program don't have much. CPPA gives them a safe place to stay, nourishing food, clothes, if they need them, and a supportive environment rich in services designed to help them re-build lives that have been shattered by family problems. The residences are clean and safe, but things wear out fast and the rooms don't get refurbished as often as we'd like. This is a story about one high school senior who wanted to make a difference.



Jill Satterthwaite in her "adopted" room at Opportunity House

It started with a graduation requirement: each of the seniors at Lodi High School is required to complete a "Senior Project" in order to graduate. The project requires writing a research paper and doing some kind of community service. Jill Satterthwaite thought long and hard about the assignment. "I wanted to do something for someone else that was rewarding and not just a waste of time." Jill wrote her paper about domestic violence and in the course of her research, someone at the Salvation Army told her about the services for youth here at CPPA.

Fundraising

After visiting CPPA to find out what she could do, Jill went to work. She decided that she would "adopt" one of the rooms at Opportunity House. Her first challenge was raising the money to pay for her project. Jill's dad helped her with some contacts, but it still wasn't easy. She had to call each potential donor to arrange a meeting and then convince them to make a contribution. She told them about CPPA and gave them some materials about the agency. Then she explained her project and asked for a donation. By the time she was done, Jill had raised more than \$1000!

Renovation

Jill's parents gave her lots of support. Her father is a contractor and he worked with Jill to repair the walls and paint the room. They spent four hours on a Friday night and then worked all day on Saturday and Sunday to get it done. Two weeks later Jill and her mother shopped for furniture, linens and accessories. It took four to five hours and two trips, but in the end Jill was able to purchase everything she needed for the room while staying within her budget.

Jill can be very proud of her results: a loft-style bunk bed allows the room to accommodate three residents without crowding, the new linens are lovely and there are bulletin boards on the wall for each youth. Jill says the project "taught me a lot." She learned about patience. "You have to relax and know it's going to come together." She also learned first-hand

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Director's Perspective



Linda J. Mascarenas

I cannot believe summer is almost over and we have not sent you a newsletter in months! I guess as a nonprofit we struggle with our priorities sometimes and do the best we can. I can tell you things around here are busy. Our two homeless youth shelters continue to be at capacity. We have several pregnant girls right now. If you have any maternity clothes you want to donate, we can use them.

Kathleen Halliday, my long time Executive Assistant is now the Administrator for our Casa de la Paz group home. What a relief for me. I have spent the past three years as the Administrator and continued to do my Executive Director duties. I feel like I can breathe now. Kathleen is doing an excellent job. She is great with the girls and she believes in our philosophy.

I am happy to report that Jan Sasser is back in her position as our Operations Manager. She took a short hiatus into the private sector and returned with a new found rejuvenation for the non-profit world. How lucky we are to have her here at CPPA. Sometimes the green grass in the distance turns out to be Astroturf.

I can't really give you a heart wrenching story this time. Well I could, but I will refrain. On a very personal note, I have to tell you I am getting married on September 2, 2007, to a wonderful man, David Colgan. You might remember his picture from our gala last October. In any case, I said I would never get married and after 34 years here at CPPA, I truly do believe I met my Mr. Right. I feel like a young girl in love for the first time in my life. On that note, you know you are always welcome to give me a call, come by for a cup of coffee and let's save the world together. Have a great autumn.

CPPA Wish List

CPPA's Casa de la Paz group home needs constant attention to maintain the structure and keep its furnishings in good condition. Your contribution to the "Casa Fund" will help CPPA purchase these items:

- 16 - replacement windows/sliding glass doors
- Window coverings for the common areas
- Light fixtures and/or lamps
- Sofas, easy chairs and ottomans
- Decorative items

The items on this list are frequently in need of replacement at the homeless residences.

- | | |
|--------------------------------------|------------------------|
| pillows | bathroom mat sets |
| regular garbage cans | bathroom plunger |
| 13 gallon trash cans for the kitchen | bathroom waste baskets |
| brooms | mop and mop heads |
| kitchen drain boards | towels |

Visit CPPA on the web at www.cppainc.org

CPPA's Mission:

Strong communities are built by people who make good decisions for their own lives. CPPA helps youths and adults acquire the skills and personal characteristics they need to create positive environments for themselves, their families and their communities. CPPA, dedicated to preventing self-destructive and socially negative behaviors, respects the individuality and honors the strengths of every client.

Councilwoman visits CPPA

CPPA was happy to welcome newly-elected City Councilwoman Susan Eggman when she paid a visit in January. Ms. Eggman was eager to find out about the services for youth and families available here at CPPA and enjoyed her tour of the administrative offices, Youth Drop-In Center and the Safe House and Opportunity House residences.



City Councilwoman Susan Eggman and CPPA Executive Director Linda J. Mascarenas.

Making a difference

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about young people who are struggling to make their way without the advantages she has had.

In the fall, Jill is headed for the University of Miami in Coral Gables, Florida, where she has earned a soccer scholarship. She plans to major in business with a specialization in business law in preparation for law school.

Jill's hard work and dedication inspired all of us here at CPPA. If you're inspired, too, give CPPA a call at 929-6700 to find out how you can follow her example by adopting a room of your own.



Jill and her father spent a long weekend prepping and painting her adopted room.

Children and teens in trouble

Children Now's 2007 Report Card points out some disturbing facts regarding San Joaquin County's children and teens.

- ✓ 20% of children are living in poverty.
- ✓ 16% of children have been diagnosed with asthma.
- ✓ 70% report that they never exercise.
- ✓ Only 26% are physically fit.
- ✓ 11% of teens are neither in school nor working.
- ✓ Only 74% visited a dentist in the last year.
- ✓ The teen birth rate remains high at 42 per thousand.
- ✓ SJC ranks 42nd of the 58 California counties in health insurance coverage for children and teens.

CPPA's youth programs continue to see many pregnant and/or parenting teens who have no where else to go for support. Addressing each youth's unmet health needs is a top priority of program services.

Congratulations, Jennifer!

Youth Services Bureau Program Manager Jennifer Jones and her husband Nelson recently celebrated the birth of their son. Michael Christopher Nelson Jones was born on March 27, weighing in at six pounds, eleven ounces. Young Michael is a regular visitor here at CPPA where every day is "bring your son to work day." Congratulations and best wishes to all.

Special thanks to our United Way Designated Donors:

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**Safe House Hotline:
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